

Improving the function of the foot and leg with Six Tests / Six StepsTM

Assess function: 6 TestsTM



1 Foot morphology and motion test



2 Alignment test



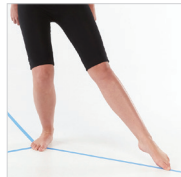
3 Windlass (Jack's) test



4 Supination resistance test

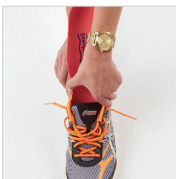


5 Proximal control knee bend test



6 Neuromotor balance test

Improve function: 6 StepsTM



1 Formthotics selection and fitting



2 Patient adjustment period



3 Rearfoot modification



4 Forefoot modification



5 In-shoe testing



6 Follow-up and ongoing adjustment

The Formthotics Medical System is a patient centric process of assessment, utilising your expertise to quickly and effectively select, fit and adjust Formthotics™.



The system is a comprehensive clinical method to improve lower limb function with custom-fitted Formthotics to achieve functional facilitation and biomechanical stability. It includes:

- **6 Tests** – objective clinical tests
- **6 Steps** – to select, fit and adjust Formthotics Custom Medical Orthotics

6 Tests / 6 Steps™ is based upon scientific literature as well as theoretical and clinical insight from respected health professionals in the fields of sports medicine, musculoskeletal medicine, podiatry and physiotherapy. It is an evidence-based, 'holistic' approach to producing functional foot orthoses.

Watch the two 20 minute 6 Tests / 6 Steps™ videos here:



blog.formthotics.com/6-tests-video-1



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